

DELAMORE



RETIREMENT COMMUNITY

26 March 2020

IMPORTANT COVID-19 UPDATE – DELAMORE RETIREMENT COMMUNITY

Delamore Retirement Community is committed to the health and wellbeing of our Residents, Visitors and Staff.

We have been continuing to monitor the changing circumstances re COVID-19 and to ensure that we have taken appropriate actions. Accordingly, we have cancelled all events at Delamore Retirement Community and closed off a number of facilities to allow us to better sanitise the essential areas. Please be aware that this decision has been made as a precautionary and preventative measure.

We appreciate your cooperation to manage the risk of COVID-19 entering our Community.

To protect our residents and their loved ones, we are asking that any person who meets any of the following criteria, **DO NOT ENTER** our Community for 14 days:

1. been outside Australia within the last 14 days; or
2. been in contact with any person who has travelled outside Australia within the last 14 days; or
3. have any flu-like symptoms such as fever, cough or sore throat.

As the pandemic spreads all visitors except those required for essential services should not visit residents or staff, and make other arrangements for contact. This is a Workplace Health and Safety issue for our staff and also of great benefit in keeping our residents safe.

Where immediate family members, above the age of 18, wish to visit, we would ask that you register with the Manager prior to visiting. After your initial registration you will only need to reregister if your details or times of visiting change. (Registration enables government officials to track contacts in the case of exposure to the virus). We ask that if at all possible only one person visits for no more than to 1-2 hours once a day.

In order to help minimize the risk, please ensure you:

- wash your hands frequently with soap and water for 20 seconds and **IN ADDITION**, use hand sanitisers;
- cover your cough and sneeze into your elbow, not your hands; and
- if unwell, avoid contact with others and seek medical advice.

The Commonwealth Government has issued clear guidelines on the importance of Social Distancing across all aspects of Australian society. Social distancing includes ways to stop or slow the spread of infectious diseases. It means less contact between you and other people.

- practice good hand and sneeze/cough hygiene;
- avoid handshaking and kissing;
- regularly disinfect high touch surfaces, such as tables, kitchen benches and doorknobs; increase ventilation in the home by opening windows or adjusting air conditioning;
- visit shops sparingly and buy more goods and services online;
- consider whether outings and travel, both individual and family, are sensible and necessary.

If you have any questions, please do not hesitate to contact the Manager on 07 3357 7028. Thank you for your support in ensuring the health and wellbeing of our residents.

For the latest information regarding COVID-19 including advice on actions to help limit the spread of the virus, please visit the Department of Health website:

<https://www.health.gov.au/news/health-alerts/novel-coronavirus-2019-ncov-health-alert>

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